

# Breaking Cycles of Mistrust<sup>®</sup> Workshop

*Stop the Breakdown of Trust Between Groups to Create a Positive Culture.*



This is essential for groups who want to create a positive safety culture but cannot get past long-standing issues of mistrust. Issues are surfaced and explored through the use of guided and candid dialogue, the Cycle of Mistrust<sup>®</sup> tool and the exchange of perceptions exercise. Participants are taught effective ways to problem solve and develop action plans, and they also receive tools to develop their abilities to resolve conflict and to listen and communicate more effectively.

## **Objectives and Outcomes:**

- ✓ Extensive, consultant-led dialogue of specific issues, including the Cycle of Mistrust<sup>®</sup> analysis.
- ✓ Development of interpersonal conflict resolution, listening and communication skills.
- ✓ Exchange of Perceptions and Key Issue identification/selection.
- ✓ Culture-based problem-solving/brainstorming.
- ✓ Initiation of a task force to oversee the execution of action items.

<b>Methodology</b>	Concepts and skills are applied interactively in an engaging way.
<b>Workshop Duration</b>	Two-day Workshop
<b>Organizational Level</b>	Implemented as a site-specific intervention
<b>Intended Participants</b>	A cross-section of frontline, supervisors, managers, and site leadership
<b>Culture Change Experience</b>	Intermediate & Advanced

**Contact us for more information!**

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**Other Workshops You Might be Interested In:**

- ✓ *Changing Norms<sup>®</sup> Workshop*
- ✓ *Safety Imaging<sup>™</sup>*